

Felicity Williams

Felicity Williams is a NIHR AHP PhD Research Fellow investigating the role of sarcopenia, physical frailty and exercise in patients with chronic liver disease at the University of Birmingham. For the past 5 years she has specialised in liver disease aiming to improve physiotherapy services across the whole patient pathway including at diagnosis, during the waiting list period and post-liver transplantation. More recently, she has led on a proof-of-concept, feasibility study investigating the effects of a novel, remotely-monitored home-based exercise program in patients awaiting liver transplantation.